



## Heidi Thelen

### Notre Dame Academy



Heidi Thelen is a 4 year varsity player for the reigning district & regional champions and an AAU volleyball All-American. Now a NDA senior, she holds school records for single season and career kills and blocks. Entering her senior year, Heidi had already accumulated 1,105 career kills and 287 career blocks.

Her junior year, Heidi helped her team to a 34-8 record, the district and regional championship titles and a state quarterfinalist finish. She had 546 kills, 126 digs, 66 service aces, and 64 blocks. For her accomplishments, she was selected as district MVP, 1st team all-region and Class 3A 1st team all-state by the Kentucky Volleyball Coaches Association. She was also NKY Div. I Player of the Year.

An academic honors student who is active in community service, Heidi plays for Team Z in the summer. She will continue her volleyball career next season at Penn State University. Her favorite athlete is Michael Phelps, favorite books are Now You See Me and Taken, and most-like-to-meet are Ryan Gosling and Angelina Jolie.



**SPORTS:** Volleyball

**GRADUATING YEAR:** 2014

**GREATEST ACHIEVEMENT:**

Varsity starter since freshman year; holding school records

**BIRTHDATE:** 9/5/96

**HEIGHT/WEIGHT:** 6'2"-150 lbs.

**RESIDENCE:** Edgewood, Ky.

**PARENTS:** Jon & Ashley

**BIGGEST INFLUENCE:**

Matt Long and Parents

**FUTURE GOAL:** Win state championship and NCAA championship at Penn State

*"Heidi's height along with her ability and experience make her a huge force at the net. By her senior year, she had broken the school records for kills and blocks. She has been extremely successful. The best part about Heidi is that she has so much more room for growth!" – Andrea Lanham, Volleyball Coach*

**November 5, 2013**