

LaRosa's MVP of the Week

LAROSAS MVP.COM

Katie Theissen

This eight-time All-American (4 individual, 4 relays) is the defending Kentucky state champion in the 50 freestyle event, which she won as a junior in the time of 24.11. Katie last year also took runner-up medals at state in the 100 freestyle and 200 medley relay events. The state title was her second one -- she also helped win the 400 freestyle relay Kentucky state title as a sophomore. She has been named 1st team all-state twice, 1st team all-region three times and was last year's coaches' association pick as Northern Kentucky Swimmer of the Year. During her varsity career, NDA has captured one team state championship and two state runner-up

finishes. Katie holds 4 school records and 2 regional records. Her summer club team is the Northern Kentucky Clippers. Active in community service, Katie will swim next year at the University of Illinois. Her favorite athlete is Edwin Moses.



Coach's Quote - "Katie is the most dedicated and motivated swimmer I have had the pleasure of coaching. I am confident her talents will take her far in life." □
-- Heather Stolz, Swimming Coach

Notre Dame Academy

Birthdate: 5-12-87

Residence: Edgewood, Ky.

Graduating: 2005

Greatest Achievement: Winning Ky. state championship in 50 freestyle; going to Senior Nationals on relay

Height-Weight: 5'6" - 139 lbs.

Parents: Dan & Annette

Biggest Influence: "My parents"

Future Goal: "Be an asset to U. Illinois swim team."

In 1975, □
the Buddy

LaRosa's High
School Hall of



Fame was established. The Hall of Fame was and continues today to be a way for LaRosa's to show its support of former high school athletes not only for their athletic and academic achievements but for their community interest □ and participation.

February 29, 2005